Emily A. Ekl

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# ACADEMIC APPOINTMENTS

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2025 - **Assistant Professor,** Department of Sociology, The Ohio State University

# EDUCATION

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2025 **Ph.D. Sociology,** Indiana University-Bloomington

Dissertation: "Authority and Expertise in Contemporary Professions: Examining Countervailing Powers in the Provision of Patient Care by Allied Health Professionals." Committee: Bernice Pescosolido (chair), Brea Perry, Elaine Hernandez, Koji Chavez, and Jessica Calarco

Qualifying Exam: Medical Sociology

Ph.D. Minor: Social Science Approaches to Health and Healing Systems

2017 **M.A. Sociology,** Boston College

2016 **B.A. Sociology & History,** Purdue University

Minors: Statistics, Psychology, and Economics

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| **RESEARCH INTERESTS**—————————————————————————————————————— |
| Medical Sociology | Work & Occupations | Social Networks |
| Sociology of Mental Health | Stigma | Social Psychology |

# PEER-REVIEWED PUBLICATIONS

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**Ekl, Emily A.**, Tessa M. Nápoles, Jeff Nicklas, Irene H. Yen, Laura Pathak, Janet K. Shim, and Brea L. Perry. 2024*.* “Social Support in the Urban Safety Net: Assessing Tie Activation among Individuals with Complex Care Needs.” *Journal of Social and Personal Relationships* 41(7):1794-1817 [DOI: 10.1177/02654075241229748]

Nápoles, Tessa M.\*, **Emily A. Ekl\***, Jeff Nicklas, Laura Pathak, Irene H. Yen, Dani Carrillo, Kathleen de Leon, Nancy J. Burke, Brea L. Perry, and Janet K. Shim. 2024. "Mixed Methods for Research on Support Networks of People Experiencing Chronic Illness and Social Marginalization." *Qualitative Health Research* 35(6):575-588 [DOI: 10.1177/10497323241235031]

*\* Denotes Co-First Authorship*

**Ekl, Emily A**., and Benjamin Gallati. 2023. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." *Society and Mental Health* 14(2):145-63 [DOI: 10.1177/21568693231184282]

*\* 2025 ASA Sociology of Mental Health Section's Best Graduate Student Paper Award*

García, Melissa J., Caroline V. Brooks, Denise Ambriz, **Emily A. Ekl,** Nicholas C. Smith, Gerardo Maupomé, and Brea L. Perry. 2023. "Parenting and Precarity: COVID-19's Impact on Hispanic Immigrant Families." *Journal of Marriage and Family* 85(5):1028-46 [DOI: 10.1111/ jomf.12930]

Smith, Nicholas C., Caroline V. Brooks, **Emily A. Ekl,** Melissa J. García, Denise

Ambriz, Gerardo Maupomé, and Brea L. Perry. 2023. "The Informal Safety Net: Social Network Activation Among Hispanic Immigrants During COVID-19." *Sociology of Race & Ethnicity* OnlineFirst [DOI: 10.1177/23326492231162348]

Halpern-Manners, Andrew, Jane D. McLeod, Elizabeth M. Anderson, and **Emily A. Ekl**. 2022. "Disability, COVID-19, and the College Experience." *Social Science & Medicine - Population Health* [DOI: 10.1016/j.ssmph.2022.101195]

**Ekl, Emily A.**, and Caroline V. Brooks. 2022. “Take the Day Off: Examining the Sick Role for Chronic Back Pain by Race and Gender.” *Social Psychology Quarterly* 85(3): 300-24. [DOI: 10.1177/01902725221078541]

*\* 2022 NCSA Seidler Graduate Student Paper Award (First Place)*

Pullen, Erin, **Emily A. Ekl**, Elizabeth Felix, Christopher O. Turner, Brea L. Perry, and Bernice A. Pescosolido. 2022. “Social Networks, Mental Illness Stigma, and the Contact Hypothesis: The Role of Ties with Mental Illness on Labeling and Causal Attributions.” *Social Science & Medicine* 293:114646. [DOI: 10.1016/j.socscimed.2021.114646]

Stainback, Kevin, and **Emily Ekl**. 2017. “The Spread of ‘Big Box’ Retail Firms and Spatial Stratification.” *Sociology Compass* 4(11):e12462. [DOI: 10.1111/soc4.12462]

# UNDER REVIEW

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Brooks, Caroline V., and **Emily A. Ekl.** "Gendered Legitimacy in the Sick Role: A Survey Experiment of Gender-Typed Head Pain."

**Ekl, Emily A.**, Melissa J. García, Caroline V. Brooks, Nicholas C. Smith, Denise Ambriz, Brea

L. Perry, and Gerardo Maupomé. "Trusted Sources of COVID-19 Information and Preventive Health Behaviors among Hispanic Immigrants: The Role of Gender."

Ambriz, Denise, Melissa J. García, Caroline V. Brooks, **Emily A. Ekl,** Nicholas C. Smith, Gerardo Maupomé, and Brea L. Perry. "The Effect of Pre-migration Adversity on Latinx Immigrants' Well-being during COVID-19."

# IN-PROGRESS

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**Ekl, Emily A.** "Cultivating, Managing, and Leveraging Authority: How Allied Health Professionals Negotiate Authority to Provide Patient Care." *Draft Available*

**Ekl, Emily A.** "Navigating Social Support for Chronic Illness: Examining the Dual Roles of Similar Others Across Illness Trajectories." *Draft Available*

# OTHER PUBLICATIONS

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**Ekl, Emily A.**, and Bernice A. Pescosolido. 2025. "Stigma in Global Context: Cultural Myths and Realities that Shape Research and Change" in *Sociology of Mental Health: Theories, Social Contexts, and Systems*, edited by Teresa L. Scheid and Eric R. Wright. Cambridge, UK: Cambridge University Press.

Pescosolido, Bernice A., and **Emily A. Ekl.** Forthcoming. "Mental Illness and Stigma." in *The Wiley Blackwell Encyclopedia of Health, Illness, Behavior, and Society*, edited by William C. Cockerham, Robert Dingwall, and Stella R. Quah. Hoboken, NJ: John Wiley & Sons, Inc.

# PROFESIONAL PRESENTATIONS

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2025 **Ekl, Emily A.** "Authority and Expertise in Contemporary Professions: How Mid-Status Healthcare Professionals Negotiate Inappropriate Physician Referrals." American Sociological Association (ASA) Annual Meeting: Chicago, IL.

**Ekl, Emily A.** "Authority and Expertise in Contemporary Professions: How Mid-Status Healthcare Professionals Negotiate Inappropriate Physician Referrals." Eastern Sociological Society (ESS) Annual Meeting: Boston, MA.

2024 **Ekl, Emily A.** "Cultivating, Managing, and Leveraging Authority: How Allied Health Professionals Negotiate Authority to Provide Patient Care." American Sociological Association (ASA) Annual Meeting: Montreal, Canada.

Brooks, Caroline V., and **Emily A. Ekl.** "Gendered Legitimacy in the Sick Role: A Survey Experiment of Gender-typed Head Pain." Society for the Study of Social Problems (SSSP) Annual Meeting: Montreal, Canada.

**Ekl, Emily A.** "Gendered Interactions: The Impact of Gender on Desire for Social Distance." WPA's Together Against Stigma: Reykjavik, Iceland.

**Ekl, Emily A.** "The Benefits and Costs of Experientially Similar Others: Findings from Support Groups." Population Association of America (PAA) Annual Meeting: Columbus, OH.

**Ekl, Emily A.** "Deploying Deference: Strategies for Navigating Professional Interactions and Formal Regulations." Chicago Ethnography Conference (CEC): Chicago, IL.

**Ekl, Emily A.** "Learning Deference: Speech Pathology Students’ Experiences Navigating Professional Interactions and Formal Regulations." Eastern Sociological Society (ESS) Annual Meeting: Washington, D.C.

Brooks, Caroline V., and **Emily A. Ekl.** "At the Intersection of Gender and Gendered: Public Perceptions of Pain Legitimacy." Eastern Sociological Society (ESS) Annual Meeting: Washington, D.C.

2023 **Ekl, Emily A. "**New Researchers Joining the Field" Panel. The Social Transformation of the Sociology of Health Professions Education Pre-Conference. American Sociological Association (ASA) Annual Meeting: Philadelphia, PA.

**Ekl, Emily A.**, and Benjamin Gallati. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." American Sociological Association (ASA) Annual Meeting: Philadelphia, PA.

**Ekl, Emily A.** "Individual, Organizational, and Professional Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." Chicago Ethnography Conference (CEC): Chicago, IL.

**Ekl, Emily A.** "'You're Not a Doctor': Learning Scope of Practice in Allied Health Education." Eastern Sociological Society (ESS) Annual Meeting: Baltimore, MD.

2022 **Ekl, Emily A.** "Examining Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." Workshop in Sociology at IU (WiSIU): Bloomington, IN.

**Ekl, Emily A.** "Examining Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." American Sociological Association (ASA) Annual Meeting: Los Angelos, CA.

**Ekl, Emily A.**, and Gerardo Maupomé. "Trusted Sources of COVID-19 Information and Preventive Health Behaviors among Hispanic Immigrants: The Role of Gender."American Sociological Association (ASA) Annual Meeting: Los Angelos, CA.

**Ekl, Emily A.**, and Caroline V. Brooks. "Take the Day Off: Examining the Sick Role for Chronic Back Pain by Race and Gender.” North Central Sociological Association (NCSA) Annual Meeting: Indianapolis, IN.

**Ekl, Emily A.**, and Benjamin Gallati. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." Eastern Sociological Society (ESS) Annual Meeting: Boston, MA.

2021 **Ekl, Emily A.**, Dani Carrillo, Tessa M. Nápoles, Jeff Nicklas, Irene H. Yen, Nancy J. Burke, Laura Gómez-Pathak, Janet K. Shim, and Brea L. Perry. “Social Support in the Urban Safety Net: Assessing Tie Activation for Individuals with Complex Care Needs.” American Sociological Association (ASA) Annual Meeting: Online.

2020 **Ekl, Emily A.** “America’s Help-Seeking Toolkit for Depression.” American Sociological Association (ASA) Annual Meeting: Online. *Declined*

**Ekl, Emily A.**, and Caroline V. Brooks. “Perceptions of Chronic Back Pain: Variations by Race and Gender.” Eastern Sociological Society (ESS) Annual Meeting: Philadelphia, PA.

2019 **Ekl, Emily A.** “Changes in College Students’ Perceptions of Mental Health and Campus Resources.” The Society for the Study of Social Problems (SSSP) Annual Meeting: New York, NY.

# GRANTS, FELLOWSHIPS, & AWARDS

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## *External*

2023 U.S. Policy Communications Training Program Fellowship

Department of Health and Human Services, National Institutes of Health

Doctoral Dissertation Research Improvement Grant (DDRIG) ($15,785) American Sociological Association and National Science Foundation

2022 Louise Johnson Award ($500)

American Sociological Association, Medical Sociology Section

## *Internal*

2025 Graduate Student Mentorship Award

Indiana University, Department of Sociology

2024 Lindesmith-Mullins Fellowship ($22,000) Indiana University, Department of Sociology

Irsay Graduate Fellow

Indiana University, The Irsay Institute

Gerald D. Suttles Ethnography Fellowship ($500) Indiana University, Department of Sociology

2023 Dissertation Completion Fellowship ($25,000) Indiana University, College of Arts and Sciences

2022 Research Award ($1,000)

Indiana University, Graduate and Professional Student Government

Gerald D. Suttles Ethnography Fellowship ($500) Indiana University, Department of Sociology

Travel Award ($200)

Indiana University, College of Arts and Sciences

2021 Travel Award ($110)

Indiana University, College of Arts and Sciences

Sheldon Stryker Research Grant with Caroline Brooks ($1,000) Indiana University, Department of Sociology

2020 Big Idea Challenge Finalist ($250) Indiana University, Prevention Insights

2019 Travel Award ($250)

Indiana University, College of Arts and Sciences

# RESEARCH EXPERIENCE

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| 2024 |  | **Research Assistant:** Wellbeing Informed by Science and Evidence (WISE) Principal Investigator: Dr. Bernice Pescosolido |
| 2023 - | 2024 | **Coding Supervisor:** Person-to-Person (P2P) Health Interview Survey, HEAL-R Principal Investigators: Dr. Bernice Pescosolido and Dr. Hank Green |
| 2023 |  | **Research Assistant:** play2PREVENTPrincipal Investigators: Dr. Lynn E. Fiellin (Yale) and Dr. Bernice Pescosolido |
| 2021 - | 2024 | **Coding Supervisor:** College Life and Beyond for Young Adults on the Spectrum (NIH 5R01HD095971)Principal Investigators: Dr. Jane McLeod and Dr. Andrew Halpern-Manners |

2021 - 2022 **Research Assistant:** VidaSana Study (NIH CTSI UL1TR002529 and NIDCR R01DE025836)

Principal Investigators: Dr. Gerardo Maupome (IUPUI) and Dr. Brea Perry

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| 2018 - 2021 | **Research Assistant:** Supporting the Safety Net: Social Network Dynamics, Poverty, and Health (HEALSS - SocNET) (NIH R01NR015233)Principal Investigators: Dr. Janet Shim (UCSF) and Dr. Brea Perry |
| 2019 | **Research Assistant:** Social Networks And Parenting (SNAP) Principal Investigator: Dr. Jessica Calarco |
| 2016 - 2017 | **Research Assistant** for Dr. Smitha Rhadakrishnan (Wellesley College) |
| 2016 - 2017 | **Research Assistant** for Dr. Candace Hetzner |

# TEACHING EXPERIENCE

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## *The Ohio State University*

Fall 2025 Instructor of Record: Health Disparities (SOCIOL4629)

## *Indiana University*

Spring 2021 Grader: Medicine in America (SOC101) with Dr. Elaine Hernandez Fall 2020 Grader: Health and Society (SOC365) with Dr. Elaine Hernandez

Spring 2019 Teaching Assistant: Social Inequalities in Health (SOC358) with Dr. Pam Jackson Spring 2019 Teaching Assistant: Intro. to Sociology (SOC100) with Dr. Chris Van Der Haar Fall 2018 Teaching Assistant: Medicine in America (SOC101) with Dr. Bernice Pescosolido

# SERVICE

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## *Professional*

2025 - ASA Health Professions Education Community Leadership

2024 - ASA Sociology of Mental Health Section's Student Representative

2024 - ESS Health Professions Education Mini-Conference Planning Committee 2024 - ASA Medical Sociology Section's Mentor of the Month Steering Committee 2023 Coordinating Editor, *American Sociological Review*

Lead Editors: Dr. Arthur Alderson and Dr. Dina Okamoto

## *Institutional*

2018 - 2024 Preparing Future Faculty Conference Planning Committee (Indiana) 2020 - 2021 Graduate and Professional Student Government Representative (Indiana)

## *Departmental*

2024 - 2025 Social Media Manager (Indiana)

2021 - 2024 Graduate Student Peer Mentor (Indiana)

2022 - 2023 Undergraduate Student Honors Thesis Mentor (Indiana) 2022 - 2023 Public Sociology Committee (Indiana)

2021 - 2022 Graduate Student Association's Secretary (Indiana)

2019 - 2020 Graduate Student Association's Social Committee (Indiana)

# PROFESSIONAL ASSOCIATIONS

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American Sociological Association

* Medical Sociology
* Organizations, Occupations, and Work
* Social Psychology
* Sociology of Mental Health

Eastern Sociological Society Population Association of America

Society for the Study of Social Problems